ISSUES: What are the ethical obligations of a lawyer for a client with diminished capacity?

DIGEST: A lawyer for a client with diminished capacity has the same ethical obligations to the client as the lawyer would owe to a client whose capacity to decide is clear. The client’s diminished capacity may, however, alter the ways in which the lawyer is required to fulfill those obligations. When the lawyer reasonably believes that the client lacks the capacity to make a decision, the lawyer may be required to refuse to assist in effectuating the client’s expressed wishes. When the client’s diminished capacity exposes the client to harm that the client is unable to recognize or prevent, the lawyer may not take protective action involving disclosure or use of the client’s confidential information without the client’s informed consent. A lawyer advising a competent client may want to recommend that the client give advanced consent to protective disclosure of confidential information in the event that the client should in the future suffer diminished capacity that exposes the client to harm. If properly limited and informed, such a consent would be ethically proper.

AUTHORITIES INTERPRETED: Rules of Professional Conduct 1.0.1(e), 1.1, 1.2, 1.4, 1.6, 1.7 of the Rules of Professional Conduct of the State Bar of California.¹

Business and Professions Code section 6068(e).

INTRODUCTION AND SCOPE

Few problems in the law of professional responsibility are more difficult than the issue of a lawyer’s obligations to a client with diminished decision-making capacity. Many American jurisdictions have sought to clarify those obligations by enacting a version of American Bar Association Model Rule 1.14. (“Model Rule 1.14”). As part of California’s recent effort to revise its Rules of Professional Conduct, the Second Commission for the Revision of the Rules of Professional Conduct (“Second Commission”) prepared and submitted to the California Supreme Court a proposed California version of rule 1.14 (“Proposed Rule 1.14”) that was intended to reconcile the approach of the ABA Model Rule with unique features of California

¹ Unless otherwise indicated, all references to “rules” in this opinion will be to the Rules of Professional Conduct of the State Bar of California.
law, including California’s statute and rule governing attorney-client confidentiality. The Supreme Court did not adopt Proposed Rule 1.14.\(^2\) Nonetheless, there is a need for guidance with respect to the ethical obligations of attorneys for clients with diminished capacity under the Rules of Professional Conduct and the State Bar Act.\(^3\)

This opinion focuses on the ethical obligations of privately retained lawyers for persons with diminished capacity in civil litigation, transactional and estate planning matters. It does not extend to representation of a minor, to criminal matters, or to situations where the putative client already has a guardian ad litem or other person empowered to act for them—though the principles discussed here may also apply in those cases.

This opinion is based on existing California ethics law. Though other federal and state laws may regulate an attorney’s relationship with a client or prospective client with diminished capacity, we do not discuss them here.\(^4\) Finally, the opinion does not address issues of the standard of care applicable to professional decisions concerning the representation of such a client. We assume that in each of the fact situations that we discuss, the lawyer’s actions, beliefs, and judgments as described have been reached in accord with the applicable standard of care.

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\(^3\) Because the Supreme Court rejected the rule in its entirety and without explanation, it is not possible to determine whether Proposed Rule 1.14 was rejected: (1) because of its overall permissive approach; (2) because its provisions were simply declarative of existing law, and hence unnecessary; (3) because the Court disagreed with one or more of the rule’s specific provisions; or (4) because of some combination of those or other reasons. Given that uncertainty, the fact that a rule or concept was contained in Proposed Rule 1.14 cannot be regarded as grounds for rejecting it if the rule or concept is otherwise consistent with California’s existing ethics rules.

\(^4\) For example, Title III of the Americans with Disabilities Act (“ADA”) forbids discrimination against persons with disabilities in places of public accommodation. As defined by implementing regulations, covered disabilities include mental impairments that substantially limit one or more major life activities, a record of having such impairment, or being regarded as having such an impairment. 28 C.F. R. § 36.104. Many of the conditions that can lead to diminished capacity also qualify as disabilities under the Act. Law offices are places of public accommodation under the Act. 42 U.S.C. § 12181(7)(F). Prohibited discrimination involves failure to make reasonable accommodations, that is, modifications in policies, practices and procedures, when such modifications are necessary to provide services to persons with disabilities. 42 U.S.C. § 12182(b)(2)(A)(ii). Accordingly, lawyers who represent clients with diminished capacity should consider whether the ADA and other similar laws require such accommodations for their client, in addition to any measures required by their ethical obligations, in order to comply with their obligations under such laws.
STATEMENT OF FACTS

Scenario 1

Client was injured in an automobile accident, suffering a brain injury that has resulted in a change in personality, episodes of mania, and an increase in highly risky personal behavior. Client’s relatives have recently said that they plan to institute conservatorship proceedings against Client. Client consults Lawyer. With Client’s consent, Lawyer involves both a diagnostician and a close friend in the process of determining Client’s capacity and wishes, scheduling consultations at times when Client is not manic. Based upon that process, Lawyer reasonably believes that the evidence supports establishing a conservatorship and that doing so would protect Client from substantial risks of harm. Lawyer has also concluded that Client could improve his own decision making, and significantly reduce the likelihood of a conservatorship, if he were, with the lawyer’s help, to establish his own supportive decision-making structure involving both the friend and the diagnostician. Lawyer has advised Client of these conclusions, but Client has rejected Lawyer’s advice and wishes to oppose the establishment of the conservatorship. Lawyer believes that the decision is imprudent, but also reasonably believes that Client has the capacity to make the decision to oppose the conservatorship, and that the decision reflects Client’s commitment to maintaining personal liberty, notwithstanding the risks involved. May Lawyer represent the client in opposing the establishment of a conservatorship?

Scenario 2

Lawyer has represented Client for many years and prepared Client’s initial estate plan. In recent years, Lawyer has seen Client socially and has noticed signs of diminished capacity. Client has now asked Lawyer to prepare a new estate plan, largely disinheriting Client’s children in favor of Client’s younger companion, who has recently moved in with Client. Based upon information available to the lawyer and further reasonable inquiries, Lawyer reasonably believes that Client lacks testamentary capacity, that, but for Client’s diminished capacity, Client would not make the new testamentary dispositions, and that Client is at substantial risk of being subjected to undue influence by Client’s younger companion. May Lawyer properly prepare the new estate plan?

Scenario 3

Lawyer represented Client in a recently settled personal injury matter, involving a large recovery, and has now been asked by Client to assist in making a loan to Client’s nephew. Lawyer knows that Client suffered a head trauma in the accident but had no reason to doubt Client’s capacity during the course of the personal injury case. When Client meets with Lawyer to discuss the loan, however, Lawyer notices a deterioration in Client’s apparent competence. Lawyer also has significant concerns about the proposed loan, whose terms are highly favorable to nephew, and about nephew himself, who has a criminal conviction for securities fraud and does not appear to have Client’s welfare at heart. With Client’s consent, Lawyer retains a physician as a consultant to assess Client’s competence. After examining Client, the consultant reports that Client’s condition has deteriorated and that in the consultant’s opinion Client is
now incapacitated. Based upon that advice, Lawyer has reasonably concluded that Client lacks legal capacity to enter into the loan transaction. Lawyer seeks to contact Client to advise him against the transaction, but the phone is answered by nephew, who tells Lawyer that Client has given nephew a power of attorney and that he will pass the information on to Client. Based upon these circumstances, Lawyer reasonably believes that Client is exposed to a substantial threat of financial harm at nephew’s hands and that the cognitive deficits identified by the consultant will likely prevent Client from recognizing or acting to protect against that harm. Lawyer knows that Client has other relatives who, if aware of the situation, would take steps to protect Client’s interest. What, if any, measures may Lawyer take to protect Client from harm?

Scenario 4

Lawyer is preparing an estate plan for a competent client with substantial experience and resources and a difficult and contentious family situation. In the course of their discussions, Client discloses that a family member suffered from dementia related to Alzheimer’s disease, and as a consequence was financially exploited by other family members. Client is concerned to avoid or minimize the risk of something similar happening to Client in the future. Lawyer is aware that one way to protect against that risk would be for Client to give advance consent to the lawyer’s disclosure of client confidential information at a future time where Lawyer reasonably believes that Client is incapacitated, that the incapacity exposes Client to harm, and that the disclosure of the information is reasonably necessary to prevent that harm. Assuming that it is consistent with the duty of care to do so, may Lawyer ethically recommend that Client execute such a consent?

DISCUSSION AND ANALYSIS

A. Allocation of Authority and Diminished Capacity

In the practice settings at issue here, the lawyer-client relationship is one of principal and agent, created by express or implied contract. Consistent with that relationship, the professional rules—like the law of agency—expressly allocate to the client all decisions concerning the objectives of the representation, including all decisions concerning the client’s “substantial rights.” Rule 1.2; Blanton v. Womancare, Inc. (1985) 38 Cal.3d 396, 404 [212 Cal.Rptr. 151]. Rule 1.2 further provides that, subject to the lawyer’s duty of confidentiality, the lawyer “may take such action on behalf of the client as is impliedly authorized to carry out the representation.” Id. The lawyer must also reasonably consult with the client as to the means with which Client’s objectives are to be pursued. Id. This allocation of authority cannot be changed except with the client’s consent, and such consent may not be implied from the fact of representation itself. Rule 1.2, Comment [1].

The Rules of Professional Conduct and the State Bar Act do not define the level of client capacity required to make the decisions that the rules reserve to the client. Instead, California’s law respecting client capacity derives from other sources, including statutes and case law. Interpretation of that law is outside our purview. Moreover, lawyer judgments about a client’s
capacity will often be highly fact dependent and governed by the applicable standard of care. We nevertheless include a brief discussion of the law of capacity because it provides necessary background for our ethical analysis and because the content and application of that law will often be relevant, and sometimes essential, to ethical decision making by a lawyer whose client’s capacity is diminished or could in the future become so.

To make a decision other than those concerning testamentary matters and consent to health care, a person must have “the ability to communicate verbally, or by another other means, the decision, and to understand and appreciate, to the extent relevant, all of the following:

(a) The rights duties and responsibilities created by or affected by the decision.

(b) The probable consequences for the decisionmaker, and where appropriate, the persons affected by the decision.

(c) The significant risks, benefits and reasonable alternatives involved in the decision.”

(Probate Code section 812.)

A person’s capacity is presumed; the presumption goes to the burden of proof, and thus must be overcome by affirmative evidence showing lack of capacity. Probate Code section 810(a). The presumption of competence is not overcome by evidence of a mental or physical disorder. Instead, there must be evidence of a deficit in one or more of the person’s mental functions, which, by itself or in combination with others, “significantly impairs the person’s ability to understand and appreciate the consequences of his or her actions with regard to the type of act or decision in question.” Id., subsections (b)-(c). In determining whether a person suffers from a deficit that is substantial enough to warrant a finding of lack of capacity to do a particular act, the court may take into consideration, the “frequency, severity and duration of periods of impairment.” Probate Code section 810(c). Moreover, “the required level of understanding depends entirely on the complexity of the decision being made.” In re Marriage of Greenway (2013) 217 Cal.App.4th 628, 641 [158 Cal.Rptr.3d 364].

Marital and testamentary capacity are determined by different, and lower, standards. “Marriage arises under a civil contract, but courts recognize this is a special kind of contract that does not require the same level of mental capacity of the parties as other kinds of contracts.” In re Marriage of Greenway, supra, 217 Cal.App.4th at 641. “Similarly, the standard

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5 The statute identifies a non-inclusive list of mental functions and factors, broadly grouped under four headings: alertness and attention; information processing; thought processes; ability to modulate mood and affect. (Cal. Prob. Code § 811(a)(1)-(4).)

6 In the case of capacity to contract, a presumption affecting the burden of proof arises that a person is of unsound mind “if the person is substantially unable to manage his or her own financial resources or resist undue influence.” (Cal. Civ. Code § 39(b).) See, In re Marriage of Greenway (2013) 217 Cal.App.4th 628, 642-42 [158 Cal.Rptr.3d 364]. The interaction between the Civil Code and the Probate Code presumptions is beyond the scope of this brief informational summary.
for testamentary capacity is exceptionally low.” *Id.* at 242. Under Probate Code section 6100.5, a person lacks the capacity to make a will if at the time of making either:

1. The individual does not have sufficient mental capacity to be able to (A) understand the nature of the testamentary act, (B) understand and recollect the nature and situation of the individual's property, or (C) remember and understand the individual's relations to living descendants, spouse, and parents, and those whose interests are affected by the will.

2. The individual suffers from a mental disorder with symptoms including delusions or hallucinations, which delusions or hallucinations result in the individual's devising property in a way which, except for the existence of the delusions or hallucinations, the individual would not have done.

Like the more general standard of capacity, capacity to make a will is presumed, and must be rebutted by evidence that the testator’s lack of mental capacity or mental disorder existed at the time of making the will. See, *Anderson v. Hunt* (2011) 196 Cal.App.4th 722, 726-28 [126 Cal.Rptr.3d 736].

**B. The Impact of Diminished Capacity on the Professional Relationship**

An adjudication that a client is wholly incapacitated terminates a contractual attorney-client relationship and the attorney's authority to act for the client. *Sullivan v. Dunne* (1926) 198 Cal. 183, 192 [244 P. 343] (client unable to communicate; mind was a “blank”). Short of that situation, however, there are many situations where a client may be entitled to legal representation, even though the lawyer reasonably believes that the client is suffering from diminished capacity. For example, such a client may wish to defend against the appointment of

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7 A lawyer may sometimes represent a person who clearly lacks the ability to make or communicate any preference or decision concerning the matters typically reserved to a client. This may occur, for example, when the lawyer is acting pursuant to court appointment. See *Conservatorship of Drabick* (1988) 200 Cal.App.3d 185 [245 Cal.Rptr. 840] (court appointed attorney for person in persistent vegetative state). In such cases, the lawyer must be guided by the lawyer’s independent understanding of the client’s best interests. *Id.* at 212.

8 There would be serious problem with a rule that a lawyer was powerless to act for a client concerning matters within the scope of the representation simply on the basis of the lawyer’s reasonable conclusion that the client was incapacitated.

The general rule of agency law that insanity or incompetence of a principal...terminates an agent’s authority...may be inappropriate as applied to a lawyer's beneficial efforts to protect the rights of a client with diminished capacity. Such a client continues to have rights requiring protection and often will be able to participate to some extent in the representation (see § 24). If representation were terminated automatically, no one could act for the client until a guardian is appointed, even in pressing situations. Even if the client has been adjudicated to be
a conservator. See Probate Code section 1471 (requiring the appointment upon request of counsel for a person opposing establishment of a conservatorship, “whether or not that person lacks or appears to lack capacity”); see also, Graham v. Graham (1950) 40 Wash.2d 64 67-68 [240 P.2d 564] (evidence of incapacity does not terminate client’s right oppose appointment of a guardian). Or the client may have the capacity to make some decisions within the scope of the representation but not others. See Anderson v. Hunt, 196 Cal.App.4th 722, 726 [126 Cal.Rptr.3d 736] (client lacked contractual capacity but had testamentary capacity). In other cases, the client’s incapacity may be clear, but for financial, emotional or other reasons seeking a guardianship may be undesirable or impractical. See Restatement (Third) of the Law Governing Lawyers, section 24, Comment (d) (2000). In such representations, the lawyer should, insofar as reasonably possible, seek to preserve a normal attorney-client relationship. (See, e.g., Tuft et al., Cal. Practice Guide: Professional Responsibility (The Rutter Group 2019) Ch. 7-24, § 7:73.5.)

When a client has diminished capacity, the client’s ability to make legally effective decisions may be in doubt. The client’s proposed course of conduct may not be legally effective, frustrating the client’s objectives. More fundamentally, the client’s diminished capacity gives rise to a risk that the approaches to representation used with a competent client will not lead to a decision that accurately reflects and serves the client’s interest. Diminished capacity may also expose the client to new or enhanced threats of harm, while reducing the client’s ability to understand or protect against those risks. Finally, the client may sometimes lack the capacity to form an attorney-client relationship, or to give legally effective informed consents within the lawyer-client relationship, such as those required to limit the scope of the representation, authorize the disclosure of confidential information or consent to a potential conflict of interest. Cal. State Bar Formal Opn. No. 1989-112.

1. Competence

The duty of competence calls for the lawyer to exercise the “(i) learning and skill and (ii) mental, emotional and physical ability reasonable necessary” to provide the legal services called for in the representation. Rule 1.1(b). A violation of rule 1.1 requires intentional, reckless, grossly negligent or repeated violations of this standard. Rule 1.1(a).

When a client shows signs of diminished capacity, the lawyer’s duty of competence may require the lawyer to investigate the client’s capacity. If the lawyer lacks learning and skill in incompetent, it might still be desirable for the representation to continue, for example to challenge the adjudication on appeal or to represent the client in other matters. (Restatement (Third) of the Law Governing Lawyers, section 31, Comment (e).)

9 Fleischner and Schur, Representing Clients Who Have or May Have “Diminished Capacity”: Ethics Issues (Sept.-Oct. 2017) 2017 Clearinghouse Review 346, 352 (“as uneasy as some attorneys may be about assessing their client’s capacity, case situations…often demand it.”) Sabatino, Representing a Client with Diminished Capacity: How Do You Know It And What Do you Do About It (2000) 16 J. of Am. Acad. of Matrimonial Lawyers 481, 482 (“Although lawyers seldom receive formal capacity assessment training, they make capacity judgments on a regular basis.”)
addressing issues of client’s capacity, and cannot readily acquire it, the lawyer may wish to consider associating with or consulting a lawyer with more experience in doing so. See Rule 1.1(c). In addition, the lawyer may consider, with the client’s consent, consulting medical, psychological or other professionals with an understanding of the cognitive and emotional issues involved in determining the client’s capacity and how the attorney-client relationship should be adjusted to reflect them. See Restatement (Third) of the Law Governing Lawyers section 24, Comment (d) (“Where practical and reasonably available, independent professional evaluation of the client’s capacity may be sought.”); American College of Trusts and Estates Counsel, Commentaries on the Model Rules of Professional Conduct, Rule 1.14, SM061 ALI-ABA 541 (4th ed. 2006) (“ACTEC Commentaries”) (“In appropriate circumstances, the lawyer may seek the assistance of a qualified professional.”). The lawyer may also want to consider measures to support the client’s capacity to make decisions relevant to the representation. For example, the lawyer may modify how lawyer-client communications are conducted by adjusting the interview environment, communicating more slowly or in writing, spending extra time or having multiple sessions, or communicating with the client at times when the client is less fatigued, more lucid or more receptive. Alternatively, with the client’s consent, the lawyer may seek to enhance the client’s communications and decision-making capacity by involving family, friends or professionals to support the client in understanding, considering and communicating decisions relating to the representation. Restatement (Third) of the Law Governing Lawyers, section 24, Comment (c).

2. Communication

The duty of communication requires that the lawyer, among other things, inform the client about any matter requiring the client’s informed consent, rule 1.4(a)(1), keep the client “reasonably informed” about “significant developments relating to the representation,” rule 1.4(a)(3), and “explain a matter to the extent reasonably necessary to permit the client to make informed decisions regarding the representation.” Rule 1.4(b).

A client’s diminished capacity may also impact how the lawyer complies with the duty to communicate with the client. Diminished capacity may blunt the client’s understanding of the client’s own interests and objectives or make it more difficult for the client to communicate them to third persons. It may also make it more difficult for the client to take in, or to deliberate upon, the lawyer’s advice. As a consequence, the nature of the lawyer’s reasonable consultation concerning the means to accomplish the client’s objectives, under rule 1.2 and rule 1.4(a)(2), or the explanation that is “reasonably necessary to permit the client to make informed decisions regarding the representation.”

A lawyer may wish to get the client’s advance consent to the association of lawyers or other professional as part of the retention agreement or otherwise. To the extent that such a consent contemplates disclosure of client confidential information, the lawyer should take account of the standards for such consents discussed later in this opinion.

For extensive information on supportive decision-making see https://www.aclu.org/other/supported-decision-making-resource-library.
informed decisions regarding the representation” under rule 1.4(b) may be different for a client with diminished capacity. A lawyer seeking to fulfill the duty of communication may want to consider a number of the measures described in the preceding paragraph.

3. **Loyalty and Independent Professional Judgment**


Consistent with the duty of loyalty, a lawyer acting as an advisor is required to “exercise independent professional judgment,” uninfluenced by the lawyer’s own interests or those of third parties, and to “render candid advice.” Rule 2.1. A lawyer may, but is not required to, refer to considerations other than the law, including relevant moral, economic, social and political factors. Id. Comment [2].

When a client’s capacity is in doubt, the lawyer’s duty of loyalty continues to require the lawyer to focus on the lawyer’s “primary responsibility to ensure that [the course of conduct chosen] effectuates the client’s wishes and that the client understands the available options and the legal and practical implications of whatever course of action is ultimately chosen.” Moore, supra, at p. 1298 (citations and quotations omitted). In determining and acting on the client’s interest, the lawyer’s obligation to exercise independent judgment requires putting aside any conventional prejudices associated with the client’s condition. In addition, lawyers should keep in mind the statutory presumption of capacity and “should be careful not to construe as proof of disability a client’s insistence on a view of the client’s welfare that a lawyer considers unwise or otherwise at variance with the lawyer’s own views.” Restatement (Third) of the Law Governing Lawyers, section 24, Comment (c). Others may have also strong interests in the outcome of the client’s decisions. Where that is the case, the lawyer should “keep the client’s interests foremost,” and consider the interests of others only insofar as they matter to the client. ACTEC Commentaries, at 544; see also Moore, supra, 109 Cal.App.4th at 1299.13 While the involvement of interested third persons in the client’s deliberative process may enhance the client’s decision-making capacity, lawyers must also be alert to the potential that their

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13 In Moore the court held that the lawyer did not owe a duty to the beneficiaries of a prior will to assess the client’s capacity to make a new will. 109 Cal.App.4th at 1298. The Court reasoned that imposing such a duty in favor of the interested beneficiaries would be inconsistent with the lawyer’s duty of loyalty to the testator and could lead to lawyers being unwilling to prepare new wills for testators whose capacity was potentially subject to attack. Id. at 1298-99. The express premise of the holding, then, was that the lawyer’s duty of loyalty to the client required the lawyer to reach a judgment about the client’s capacity to make the will.
involvement could increase the risk of harm to the client, whether through undue influence or harmful disclosure of confidential information.

At the same time, the client’s diminished capacity may create doubts about whether the client’s chosen course actually “effectuates the client’s wishes” and reflects an understanding of its “legal and practical implications.” When a lawyer represents a client with diminished capacity in opposing the establishment of a conservatorship, these questions may be less urgent, because the persons seeking the conservatorship can be counted upon to bring those interests to the attention of the tribunal. *Restatement (Third) of the Law Governing Lawyers*, section 24, Comment (c). Similar considerations may also apply in other litigation settings where the client’s capacity is in issue. When acting in a counseling role, however, the lawyer may have a greater obligation to consider the consequences of the client’s diminished capacity. In the estate planning arena, for example, it is said that “because of the importance of testamentary freedom, the lawyer may properly assist clients whose testamentary capacity appears to be borderline,” including by taking steps to preserve evidence that would support a finding of capacity. ACTEC Commentaries, at 56 (cited in *Moore, supra*, 109 Cal.App.4th at 1306). On the other hand, the same authorities state that to protect the client “a lawyer should generally not prepare a will or other dispositive instrument for a client who the lawyer reasonably believes lacks the requisite capacity.” *Id.* The two positions reflect common sense judgments that effectuating the client’s stated preferences in cases where the client has the capacity to make a decision, though the issue is close, protects both the client’s autonomy and the client’s interests, while effectuating a decision made without capacity disserves both. In many situations involving diminished capacity, the decision whether the duty of loyalty calls for effectuating the client’s decision or declining to do so will raise difficult questions of judgment without clear or perfect answers. While California has no law on the question, we believe that it would follow other American jurisdictions in holding that a disinterested lawyer who exercises “an informed professional judgment in choosing among...imperfect alternatives,” is not subject to professional discipline for the lawyer’s resolution of the problem. *Restatement (Third) of the Law Governing Lawyers*, section 24, Comments (b) and (d).

4. Confidentiality

The duty of confidentiality forbids the lawyer from disclosing any information relating to the representation whose disclosure would be harmful or embarrassing to the client, unless the client has given informed consent to the disclosure. Business and Professions Code section 6068(e); rule 1.6(a). The rules define informed consent as “agreement to a proposed course of conduct after the lawyer has communicated and explained (i) the relevant circumstances and (ii) the material risks, including any actual and reasonably foreseeable adverse consequences of the proposed course of conduct.” Rule 1.0.1(e).

The duty of confidentiality will often determine the steps that a lawyer may take to respond to a client’s diminished capacity. Information about the client’s diminished capacity, whether or not subject to the attorney client privilege, is protected from disclosure under Business and Professions Code section 6068(e)(1) and rule 1.6 because it is “information gained in the
professional relationship that the client has requested be kept secret or the disclosure of which
would likely be harmful or embarrassing to the client.” See, e.g., Cal. State Bar Formal Opn. No.
1989-112 at p. 2; Orange County Bar Association Formal Opn. No. 95-002 at IID-034; Los
Angeles County Bar Assn. Formal Opn. No. 450 (1988); San Diego County Bar Association Ethics
Opn. 1978-1.

Unless an exception to the duty of confidentiality applies, a lawyer who wishes to disclose
confidential information concerning the client’s diminished capacity must obtain the client’s
informed consent to do so.\textsuperscript{14} This is true even if the attorney reasonably believes that the
disclosure would benefit the client and is necessary to protect the client from harm. Cal. State
Bar Formal Opn. No. 1989-112; Tuft et al., Cal. Practice Guide: Professional Responsibility (The
Rutter Group 201) Ch. 7-33, § 7:102.1. If the client lacks the capacity to give such consent, is
unavailable, or declines to give such consent, the lawyer may not make such disclosures.\textsuperscript{15}

In assessing the client’s capacity to give informed consent to protective measures, the lawyer
should consider that capacity to give such consent is presumed, that measures may be available
to enhance the client’s capacity to give the consent, and that, in any assessment of capacity,
the required level of understanding depends on the complexity of the decision being made. \textit{In re Marriage of Greenway} (2013) 217 Cal.App.4th 628, 641 [158 Cal.Rptr.3d 364]. Accordingly,
less capacity should be required for consents that involve simpler or more familiar subjects or
where the benefits of disclosure are clear and easily understood.\textsuperscript{16}

The duty of confidentiality combines with the duty of loyalty to bar a lawyer from initiating a
conservatorship proceeding against a client without the client’s informed written consent, even
if the lawyer reasonably believes that the standard for a conservatorship has been met and that
bringing the action would be in the client’s best interest. In bringing such an action, a lawyer
would necessarily be disclosing confidential information about the client’s condition, in

\textsuperscript{14} There may also be cases where the persons that the lawyer wishes to involve in the process already
know the relevant confidential information, because, for example, the person regularly provides care for
and interacts with the client.

\textsuperscript{15} Bar Association of San Francisco Formal Opinion 1999-2 reaches a different conclusion but does not
reconcile its conclusion with the Rule’s express requirement forbidding disclosure of confidential
information without informed consent. The Second Commission, after careful review, also concluded
that California law did not grant implied authority to disclose.

\textsuperscript{16} Among the measures that a lawyer should consider to reduce the risks associated with an otherwise
beneficial disclosure are obtaining agreements to preserve the confidentiality of information from
persons to whom disclosures are made and managing such communications to preserve, to the fullest
extent possible, any applicable privileges. For example, experts or family members can be involved in
confidential client decision-making consistent with the privilege where such persons are “present to
further the interest of the client in the consultation” or disclosure to them “is reasonably necessary for
the transmission of the information or the accomplishment of the purpose for which the lawyer is
consulted.” See Evidence Code section 952; \textit{City and County of San Francisco v. Superior Court (Hession)}
Cal.App.3d 1192] (family members).
violation of rule 1.6, and taking action “directly adverse” to the client, in a manner forbidden by rule 1.7(a). Cal. State Bar Formal Opn. No. 1989-112; Los Angeles County Bar Assn. Formal Opinion No. 450.

In these respects, California law differs from the majority of American jurisdictions. Under ABA Model Rule 1.6, a lawyer is impliedly authorized to disclose confidential information in order to further the objectives of the representation. Consistent with that rule, a lawyer has implied authority to disclose information “necessary to obtain an assessment of the client’s capacity” or to enlist “the client’s family or other interested persons” to aid the lawyer in assessing the client’s capacity or determining how to proceed. ABA Formal Opn. 96-404 (1996). In addition, under Model Rule 1.14, a lawyer who reasonably believes that the client is suffering from diminished capacity, is at risk of harm and cannot act to protect him or herself, may take necessary protective action, including notifying persons or entities who can act to protect the client or instituting proceedings for the appointment of a guardian ad litem, conservator, or guardian. Model Rule 1.14(b). In taking such action, the lawyer is also impliedly authorized to disclose confidential information concerning the client’s condition. Model Rule 1.14(c). California’s confidentiality statute and rule bar this approach.

5. Use of Powers of Attorney and Advanced Consents

Because California law limits the implied authority of a lawyer to disclose confidential information or take other measures to protect an incapacitated client from harm, and because once incapacitated, a client may be unable to authorize such steps, competent clients who face a risk of future incapacity may wish to take steps to ensure that in the event of future diminished capacity, their lawyers will still be able to use and disclose relevant confidential information for their benefit.

A power of attorney is the classic way of ensuring that the client’s incapacity does not leave the client’s interests unprotected. See Probate Code sections 4120-30. Clients can specify that the power will not be terminated by incapacity of the principal. Probate Code section 4124(a). Alternatively, the effectiveness of such a power can be made contingent on the client principal’s incapacity. Id., section 4024(b). A principal who executes a springing power may designate one or more persons, including the attorney in fact, who shall have the power, by sworn declaration under penalty of perjury, to conclusively determine that the client has become incapacitated so that the power of attorney can take effect. Probate Code section 4129(a)-(b). A limited power of attorney, granted to the attorney, could expressly authorize the lawyer to take action, including, if necessary, disclosure of confidential information, in the event that the lawyer or a specified third person prepares a declaration that the client is suffering from diminished capacity, and that as a result of the incapacity, the client is threatened with harm that the client cannot recognize or act to prevent.

Alternatively, a client may simply wish to give an advance consent to the disclosure of confidential information to identified third persons where the lawyer reasonably determines that the conditions justifying protective action have been met.
For either the power of attorney or a simple advance consent option, the central ethical issue is whether an advanced consent to the disclosure of confidential information is ethically permissible. Rule 1.6 does not by its own terms require that an informed consent to disclosure of confidential information be contemporaneous with the disclosure. Cal. State Bar Formal Opn. No. 1989-115 (“Opinion 1989-115”) states that “an advance waiver of . . . confidentiality protections is not, per se, invalid. Id. at 3. Rather, it depends on two basic requirements. First, the client must be “adequately informed of the information and communications which may be disclosed and the uses to which they may be put.” Second, the disclosures proposed must be consistent with the lawyer’s duties of competence and loyalty. Id.

These requirements are also reflected in Maxwell v. Superior Court (1982) 30 Cal.3d 606 [180 Cal.Rptr. 177], upon which Opinion 1989-115 relied. One question presented in Maxwell was whether a criminal defendant who paid for his lawyer’s services by giving up the rights to his life story could give advance consent to the disclosure of confidential information required for counsel to monetize those rights. The contract contained two provisions prospectively waiving confidentiality rights. In one the defendant agreed to waive, on counsel’s future demand, his attorney-client privilege and “any and all other privileges and rights which would prevent the full and complete exercise” of counsel’s interests. 30 Cal.3d at 610 n.1. The Court noted, with apparent agreement, counsel’s concession in oral argument that this provision was so broad as to constitute an “overreach” and could not be enforced as written. Id. In the other, the client promised to (1) give counsel all materials pertaining to his life and experiences, (2) use his best efforts to gather such information in the hands of others, and (3) to confer with counsel as often as they reasonably require to enable them to elicit all the details of his life. The Court held that this provision could not be validly invoked by the lawyer until after all criminal proceedings had become final. Though the contract of retention provided that the lawyer’s representation extended only through trial, the Court held that any reading of this provision that would allow the lawyer to disclose prejudicial, confidential material at any time during the pendency of criminal proceedings would place the lawyer in violation of duties of fairness, undivided loyalty and diligent defense arising under the Professional Rules and the contract of retention. Id. Subject to those limitations, however, the Court held that the consent was adequately informed. Id. at 621-22. Maxwell thus supports the proposition that an informed consent to future disclosure can be enforced if it is sufficiently narrowly drawn and otherwise consistent with the lawyer’s duties of competence and loyalty.

Though not controlling, the standards governing advance consent to a conflict of interest are also relevant. Consistent with Opinion 1989-115 and Maxwell, Comment [9] to rule 1.7 expressly states that rule 1.7 “does not preclude an informed written consent to a future conflict in compliance with applicable case law.” The central issue with an advance consent is “the extent to which the client reasonably understands the material risks that the consent entails. The more comprehensive the explanation of the types of future representations that might arise and the actual and reasonably foreseeable adverse consequences to the client of those representations, the greater the likelihood that the client will have the requisite understanding.” Rule 1.7, Comment [9]. The experience and sophistication of the client, and whether the client is independently represented, are also relevant in determining whether the
client reasonably understands the risks involved. *Id.* Even with full information, however, a client may not give prospective consent to a conflict that would not be consentable under rule 1.7(d) or that would result in incompetent representation. *Id.*

The cases in which California courts have upheld advance consents to a conflict fall into two categories. First, such consents have been upheld when a joint client agrees that if the joint relationship ends it will not seek to exercise its right to prevent counsel from proceeding adversely to it on behalf of the other joint client or clients. See, e.g., *Zador Corp. v. Kwan*, (1995) 31 Cal.App.4th 1285 [7 Cal.Rptr.2d 754]. Second, in some circumstances, courts have upheld advance consents to concurrent adverse representation in unrelated matters. Thus, in *Visa U.S.A, Inc. v. First Data Corp.* (N.D. Cal. 2003) 241 F.Supp.2d 1100, the consenting client agreed that the law firm could in the future act adversely to the consenting client on behalf of another identified existing client of the firm in unrelated matters, provided that the lawyers involved in representing the consenting client were screened. 17

Taken together, these authorities support the ethical propriety of a competent client’s advance consent to the lawyer’s protective disclosure or use of confidential information in sufficiently well-defined circumstances where the client is incapacitated and the lawyer reasonably believes that disclosure is in the client’s best interest, provided that the lawyer takes steps to ensure that the client’s consent is informed within the meaning of rule 1.0.1(e).

Rule 1.6 does not require that informed consent to disclosure of confidential information be in writing. It is evident, however, that it would be both prudent and the better practice to obtain any advance consent for this purpose in writing. The client’s interest is in having the consent be enforceable, unless revoked, and enforceability depends on proof of what was consented to, and of what was done to ensure that the consent was informed. Given that any dispute about enforceability will arise in the future, and only after the client’s capacity is contested, documenting the terms of the consent and the lawyer’s disclosures in writing will greatly increase the likelihood that the consent will be enforced. The client has a further interest in the lawyer feeling on solid professional ground in taking protective action pursuant to the consent when the triggering conditions are met. That interest is also served by putting the consent in writing, since without such a writing no lawyer can be confident that a subsequent finder of fact will conclude the lawyer had acted properly. For all these reasons, a lawyer whose client gives informed consent to the proposed disclosures should document that consent in writing.

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17 The validity under California law of more generally framed advance consents to adverse representation in unrelated matters is contested and this opinion takes no view on that issue. Compare, *Sheppard, Mullin, Richter & Hampton, LLP v. J-M Manufacturing Company, Inc.* (2018) 6 Cal.5th 59, 86 [237 Cal.Rptr.3d 424].
C. Application of the Law to the Stated Facts

In Scenario 1, Lawyer may represent Client in opposing the establishment of a conservatorship, even though the lawyer believes that the evidence justifies the establishment of a conservatorship and that doing so would protect Client from substantial risks of harm. Client has expressed the wish to oppose the request for a conservatorship. This is a decision that the law reserves to Client, and Lawyer believes that Client has the capacity to make that decision and that the decision, though imprudent, is consistent with Client’s expressed interest in personal freedom. Lawyer has satisfied the duty to exercise independent professional judgment and give candid advice by explaining the risks involved in Client’s chosen course and other reasonably available alternatives that could mitigate those risks consistent with the preservation of Client’s liberty. Client has rejected that advice. Any concern that Lawyer has that Client’s decision may be imprudent is mitigated by the fact that the family members seeking the conservatorship can be counted upon to bring the potential harms to Client to the attention of the tribunal. Restatement (Third) of the Law Governing Lawyers, section 24, Comment (c).

In Scenario 2, Lawyer was initially concerned about the client’s capacity to make a will. On the basis of further inquiries, conducted with Client’s consent, the lawyer has reasonably concluded that Client lacks even the low level of capacity required for testamentary decisions, that if Client were not suffering from diminished capacity, Client would not view the proposed new will as in Client’s interest, and that Client is subject to a substantial risk of undue influence. We assume that Lawyer’s judgment meets the applicable standard of care. At a minimum, Lawyer’s duty at this point is to provide Client with candid advice concerning Lawyer’s conclusions. If Lawyer believes it would assist Client in understanding that advice to have others, whether experts or family members, involved in communications between Lawyer and Client, Lawyer may involve such persons in lawyer-client communications, with Client’s informed consent. Should Client decide to accept Lawyer’s advice, Lawyer need not go further. Should Client decline to accept Lawyer’s advice, Lawyer should decline to prepare the will. Lawyer’s reasonable belief is that Client lacks the capacity to make a decision reflecting Client’s interest and that Client’s preferred course would actually be contrary to that interest and would expose Client to the risk of exploitation. Given that reasoned judgment, the duty of loyalty requires that Lawyer decline to prepare the new testamentary instruments.

In Scenario 3, Lawyer acted reasonably in seeking advice concerning Client’s capacity. Lawyer’s retained consultant has now opined that Client does not have the capacity required for the transaction that Client proposed. Lawyer has sought to deliver candid advice advising against the transaction but has been unable to do so. Lawyer now reasonably believes that Client is suffering from diminished capacity, and that by reason of that incapacity, Client is threatened with harm that Client is unable to perceive or prevent. Lawyer may seek to continue to contact Client to deliver appropriate advice. If that proves impossible or infeasible, however, Lawyer may be powerless to prevent harm to Client, because California’s confidentiality rules do not permit the disclosure of information about Client’s condition to third parties without Client’s informed consent. In addition, California’s confidentiality and conflict of interest rules bar the
lawyer from initiating conservatorship proceedings without Client’s informed written consent. If Lawyer can get past nephew to speak to Client, and if Client, notwithstanding the cognitive deficits identified by the consultant, can give informed consent, Lawyer may be able to disclose confidential information to concerned relatives or other authorities. If not, then Lawyer may not go further.

In Scenario 4, Lawyer may ethically recommend to Client that Client give advance consent to the lawyer’s disclosure of client confidential information at a future time where Lawyer reasonably believes that Client is incapacitated, that the incapacity exposes Client to harm, and that the disclosure of the information is reasonably necessary to prevent that harm. The ethical case for allowing such an advanced consent is stronger than for the advance consents approved in the decided cases. Like those consents, the consent is not open-ended: it specifies the information to be disclosed and the circumstances in which disclosure is allowed. Unlike those consents, however, which expanded the lawyer’s freedom to take action adverse to the client, this advanced consent expands the lawyer’s ability to protect the client from foreseeable risks of serious harm. To hold that such an advance consent could not be given would infringe on an informed, competent client’s right to enlist the client’s lawyer as part of a coherent strategy to protect against future harm. Third, any residual risk that the consent will result in frustration of the client’s aims is mitigated by the fact that the client can revoke or modify the consent at any time, if competent to do so. Cf. Restatement (Third) of the Law Governing Lawyers, section 122, Comment (f) (consent to conflict revocable except to the extent it has been relied upon).

To ensure that the consent is informed, Lawyer’s written communication and explanation of the circumstances and the material risks should identify the risk to Client of becoming incapacitated, including the risk that if incapacitated Client may be unable to recognize impending harm or authorize action to prevent it. It should also define the circumstances in which protective disclosure would be authorized, and the benefits and risks of such disclosure, including the prevention of harm and the potential exposure of sensitive confidential information about Client’s mental and physical condition. Client should also be informed that Client can modify or revoke the consent at any time, so long as Client has the capacity to do so. Finally, for the reasons discussed above, the better practice would be for both Lawyer’s disclosures and Client’s consent to be in writing.

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18 This opinion does not decide whether a competent client could give advance informed written consent to the lawyer’s personally initiating proceedings for the establishment of a conservatorship where the lawyer reasonably believes that grounds for establishing a conservatorship exist and that doing so is necessary to protect the client from harm. Because in such an action the lawyer would nominally be directly adverse to the client, such a consent would necessarily involve not just informed consent to disclosure and use of confidential information, but also informed written consent to formal adversity under rule 1.7(a). On the other hand, if a client does not have other people in his life who could be counted on to initiate such a proceeding, such a focused consent could provide a competent client with an important protection against future harm that may not be obtainable in any other way.
CONCLUSION

A lawyer for a client with diminished capacity should attempt, insofar as reasonably possible, to preserve a normal attorney client relationship with the client. The lawyer’s ethical obligations to such a client do not change, but the lawyer may find it necessary or desirable to change how the lawyer goes about fulfilling them. In some situations, the client’s lack of capacity may require that the lawyer decline to effectuate the client’s expressed wishes. When the lawyer reasonably believes that the client’s diminished capacity exposes the client to harm, the lawyer may seek the client’s informed consent to take protective measures. If the client cannot or does not give informed consent, the lawyer may be unable to protect the client against harm. A lawyer representing a competent client who may later become incapacitated may propose to the client that the client give advanced consent to protective disclosure in the event that such incapacity occurs. If appropriately limited and informed, such a consent is ethically proper.